



## Home Study Course TR-SCP7 Session Fundamentals and Charting with Practical

Successful completion of this course earns 3 CE (continuing education contact hours). This course includes the Practical. The following items are required to obtain the contact hours associated with this course: (1) completed Home Study Course (this page), (2) Course Evaluation, and (3) a 70% passing score. While there is no specific deadline for submission, TSI recommends submitting the items within TWO (2) years from the date of purchase.

### Materials:

- *Therapeutic Reflexology*, chapter 7
- *Therapeutic Reflexology*, DVD (included in textbook)

### Objectives:

- (1) Know the key terms and definitions in this chapter.
- (2) Describe how to set up a reflexology room.
- (3) Describe how to design and conduct a reflexology session.
- (4) List reasons to chart sessions.
- (5) Address frequency, booking, and scheduling issues.
- (6) Identify listening skills.
- (7) Perform Greet the Client protocol (see Table 7.1).
- (8) Perform the Greet the Feet protocol (see Table 7.2).
- (9) Perform Reflexology Relaxation Protocol (see Table 7.3).
- (10) Perform "Conclude the Session" (see Table 7.4)

**Directions:** Write your initials as you complete the steps in the following instructions.

Initial Below	Step	Instruction
	1	Read the Chapter Highlights, Learning Objectives, and Key Terms.
	2	Read the chapter, and watch the DVD.
	3	Perform Greet the Client protocol (see Table 7.1).
	4	Perform the Greet the Feet protocol (see Table 7.2).
	5	Perform Reflexology Relaxation Protocol (see Table 7.3).
	6	Perform "Conclude the Session" (see Table 7.4).
	7	Read the Summary and verify that you understand the information presented.
	8	Complete all quizzes in "How Much Did You Learn?"
	9	Complete the course evaluation form. Include the number of hours required to complete the course. Sign to authenticate your work.
	10	Mail, email, or fax the "How Much Did You Learn?" and course evaluation form. Both are required for successful completion of the course.



## Course Evaluation TR-SCP7 Session Fundamentals and Charting with Practical

Your Name: \_\_\_\_\_ Email: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ Apartment, Unit: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_  
 Country: \_\_\_\_\_ Website: \_\_\_\_\_

Your profession(s) or education is/are PhD/Dr  NP  RN  PT  OT  MT  Reflexologist   
 Other  (please explain) \_\_\_\_\_

I am taking this course for (check all that apply): continuing education  improve my knowledge of the subject   
 improve my skills  re-credentialing  improve job performance  self-improvement

Circle the number that best identifies your agreement or disagreement with the following statements. The assessment system is Strongly Agree (6) to Strongly Disagree (1).	Strongly Agree					Strongly Disagree
<b>1. The course met the following objectives:</b>						
1.1. Know the key terms and definitions in this chapter.	6	5	4	3	2	1
1.2. Describe how to set up a reflexology room.	6	5	4	3	2	1
1.3. Describe how to design and conduct a reflexology session.	6	5	4	3	2	1
1.4. List reasons to chart sessions.	6	5	4	3	2	1
1.5. Address frequency, booking, and scheduling issues.	6	5	4	3	2	1
1.6. Identify listening skills.	6	5	4	3	2	1
1.7. Perform the reflexology protocol Greet the Client (see Table 7.1).	6	5	4	3	2	1
1.8. Perform the reflexology protocol Greet the Feet (see Table 7.2).	6	5	4	3	2	1
1.9. Perform the Reflexology Relaxation Protocol (see Table 7.3).	6	5	4	3	2	1
1.10. Perform the reflexology protocol Conclude the Session (see Table 7.4).	6	5	4	3	2	1
<b>2. Course content:</b>						
2.1. The course was interesting.	6	5	4	3	2	1
2.2. Written course instructions were easy to understand.	6	5	4	3	2	1
2.3. Textbook is easy to understand and effective for this subject.	6	5	4	3	2	1
2.4. DVD is easy to understand and effective for this subject.	6	5	4	3	2	1
2.5. I would recommend this course to others.	6	5	4	3	2	1
<b>3. Course delivery:</b>						
3.1. Home study is conducive to learning the subject.	6	5	4	3	2	1
3.2. I would take another home study course on Therapeutic Reflexology.	6	5	4	3	2	1

What is the most important information you learned as a result of this course? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

It took me \_\_\_\_\_ hours to complete this course. Date course completed: \_\_\_\_\_

My signature attests that I completed the course. (Sign your name here) \_\_\_\_\_

May we use your comments about the course in our materials? Yes  No